



Desired Results

Developmental Profile

		Lesson 1 MyPyramid																
		Eating the Alphabet	Eating a Rainbow (I)	Tissue Artwork (I)	Musical Chairs (G)	Phonic Spy (G)	D.W. The Picky Eater	Art of Grains (I)	Discovering MyPyramid (I)	Food Group Corners (G)	Creating a Complete Meal (G)	From the Farm to the Table	Lacing Food to Source (I)	Potato Harvesting (I)	Agriculture DVD (G)	Food to Source Maze (G)	Reading Activity (G)	Harvet Time Cooperative Game (G)
Self Concept	1 Identity of Self																	
	2 Recognition of own skills and accomplishments																	
Social Interpersonal Skills (SOC)	3 Expressions of empathy																	X
	4 Building cooperative relationships with adults															X		
	5 Developing friendships																	
	6 Building cooperative play with other children				X					X	X					X		X
	7 Conflict negotiation																	
Self Regulation (REG)	8 Awareness of diversity in self and others																	
	9 Impulse control												X		X			
	10 Taking turns							X	X			X	X		X			X
Language (LANG)	11 Shared use of space and materials							X	X			X						
	12 Comprehends meaning					X			X	X				X	X	X		
	13 Follows increasingly complex instructions																	X
	14 Expresses self through language																	
Learning (LRN)	15 Uses language in conversation													X				
	16 Curiosity and initiative													X				
Cognitive Competence (COG)	17 Engagement and persistence																	
	18 Memory and knowledge				X				X					X	X	X		
	19 Cause and effect																	
	20 Engages in problem solving																	
Math (MATH)	21 Socio-dramatic play												X					X
	22 Number sense: understands quantity and counting		X	X								X						
	23 Number sense: math operations																	
	24 Shapes																	
	25 Time																	
	26 Classification		X	X					X	X		X			X			
	27 Measurement																	
Literacy (LIT)	28 Patterning																	
	29 Interest in Literacy																	X
	30 Letter and word knowledge																	
	31 Emerging writing																X	
Motor Skills (MOT)	32 Concepts of print																	
	33 Phonological awareness					X												
	34 Gross motor movement				X				X	X					X			
Safety and Health (SH)	35 Fine motor skills			X				X	X			X					X	
	36 Balance																	
Safety and Health (SH)	37 Personal care routines																	
	38 Personal safety																	
	39 Understanding healthy lifestyle	X							X	X	X							



Desired Results Developmental Profile

		Lesson 2 Grains						
		The Tortilla Factory	Grinding Wheat (I)	Picking Kernels (I)	Corn Popping (G)	Making Corn Tortillas (G)	Planting Corn (G)	The Corn Dance (G)
Self Concept	1 Identity of Self							
	2 Recognition of own skills and accomplishments							
Social Interpersonal Skills (SOC)	3 Expressions of empathy							
	4 Building cooperative relationships with adults				X			
	5 Developing friendships							
	6 Building cooperative play with other children				X			
	7 Conflict negotiation							
	8 Awareness of diversity in self and others							
Self Regulation (REG)	9 Impulse control		X	X		X		
	10 Taking turns		X	X		X		
	11 Shared use of space and materials		X			X		
Language (LANG)	12 Comprehends meaning		X			X		X
	13 Follows increasingly complex instructions							
	14 Expresses self through language							
	15 Uses language in conversation							
Learning (LRN)	16 Curiosity and initiative		X	X				
	17 Engagement and persistence			X				
Cognitive Competence (COG)	18 Memory and knowledge							
	19 Cause and effect		X			X	X	
	20 Engages in problem solving							
	21 Socio-dramatic play		X					X
Math (MATH)	22 Number sense: understands quantity and counting							
	23 Number sense: math operations							
	24 Shapes							
	25 Time						X	
	26 Classification			X				
	27 Measurement					X		
	28 Patterning							
Literacy (LIT)	29 Interest in Literacy							X
	30 Letter and word knowledge							
	31 Emerging writing							
	32 Concepts of print							
	33 Phonological awareness							
Motor Skills (MOT)	34 Gross motor movement							X
	35 Fine motor skills		X	X		X		
	36 Balance							
Safety and Health (SH)	37 Personal care routines							
	38 Personal safety							
	39 Understanding healthy lifestyle				X	X	X	



Desired Results Developmental Profile

		Lesson 5 Milk							
		Kiss the Cow	Measuring Dairy Foods (I)	Milk Process Ordering Game (I)	Sort the Dairy Food (I)	Creative Cow Puppet (G)	Milk Luella the Cow - Relay (G)	Milk Process Cube Game (G)	Pin the Dairy Food on the Cow (G)
Self Concept	1 Identity of Self								
	2 Recognition of own skills and accomplishments								
Social Interpersonal Skills (SOC)	3 Expressions of empathy								
	4 Building cooperative relationships with adults								
	5 Developing friendships						X		X
	6 Building cooperative play with other children						X	X	X
	7 Conflict negotiation								
8 Awareness of diversity in self and others									
Self Regulation (REG)	9 Impulse control		X						
	10 Taking turns		X	X	X		X	X	X
	11 Shared use of space and materials					X			
Language (LANG)	12 Comprehends meaning								
	13 Follows increasingly complex instructions		X			X		X	
	14 Expresses self through language								
	15 Uses language in conversation								
Learning (LRN)	16 Curiosity and initiative				X				
	17 Engagement and persistence			X		X			
Cognitive Competence (COG)	18 Memory and knowledge								
	19 Cause and effect						X		
	20 Engages in problem solving								
	21 Socio-dramatic play						X		X
Math (MATH)	22 Number sense: understands quantity and counting								
	23 Number sense: math operations								
	24 Shapes								
	25 Time								
	26 Classification				X				X
	27 Measurement		X						
	28 Patterning			X				X	
Literacy (LIT)	29 Interest in Literacy								
	30 Letter and word knowledge								
	31 Emerging writing								
	32 Concepts of print								
	33 Phonological awareness								
Motor Skills (MOT)	34 Gross motor movement						X		X
	35 Fine motor skills		X			X			X
	36 Balance								
Safety and Health (SH)	37 Personal care routines								
	38 Personal safety								
	39 Understanding healthy lifestyle				X				



**Desired Results
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		Lesson 6 Meat and Beans												
		Two Eggs Please	Egg Shakers (I)	Sorting Beans (I)	Sorting the Different Protein Foods (I)	Egg Spoon - Relay (G)	Making Bean Dip (G)	Shaking to the Song (G)	Reading Activity (G)	Green Eggs and Ham	Animal and Plant Protein Hanger Mobile (I)	Match the Ending Sounds (I)	Egg Critters Egg Cup (I)	Sam I Am - Relay (G)
Self Concept	1 Identity of Self													
	2 Recognition of own skills and accomplishments													
Social Interpersonal Skills (SOC)	3 Expressions of empathy													
	4 Building cooperative relationships with adults						X							
	5 Developing friendships													
	6 Building cooperative play with other children													
Self Regulation (REG)	7 Conflict negotiation													
	8 Awareness of diversity in self and others													
	9 Impulse control													
Language (LANG)	10 Taking turns						X							
	11 Shared use of space and materials												X	
	12 Comprehends meaning													
Learning (LRN)	13 Follows increasingly complex instructions						X							
	14 Expresses self through language													
	15 Uses language in conversation													
Cognitive Competence (COG)	16 Curiosity and initiative		X											
	17 Engagement and persistence													
Math (MATH)	18 Memory and knowledge													
	19 Cause and effect													
	20 Engages in problem solving													
	21 Socio-dramatic play													
	22 Number sense: understands quantity and counting			X			X							
	23 Number sense: math operations													
Literacy (LIT)	24 Shapes													
	25 Time													
	26 Classification			X	X						X	X		
	27 Measurement						X							
Motor Skills (MOT)	28 Patterning													
	29 Interest in Literacy								X					
	30 Letter and word knowledge													
	31 Emerging writing													
Safety and Health (SH)	32 Concepts of print													
	33 Phonological awareness												X	
	34 Gross motor movement					X	X				X	X		X
Motor Skills (MOT)	35 Fine motor skills			X	X	X	X				X	X		
	36 Balance					X								X
	37 Personal care routines													
Safety and Health (SH)	38 Personal safety													
	39 Understanding healthy lifestyle								X			X		



**Desired Results
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		Lesson 8 On the Move																																	
		Bearobics	Can You Find All the Animals? (I)	Character Counting (G)	Jump Rope/Sidewalk Chalk Fun (G)	Syllable Clap (G)	Can You Move Like an Elephant?	Color Mixing (I)	Do Our Bodies Need Water? (I)	Animal Mask Race (G)	Can You Move Like an Elephant? (G)	My Daddy is a Pretzel	Fun Yoga Poses (I)	Bean Bag Balancing (G)	Group Yoga Poses (G)	Yoga Kids DVD (G)	Yoga Reading and Stretching (G)	Happy Healthy Monsters	Stamp Your Lunch (I)	What's Edible? (I)	Bend and Stretch like Elmo and Friends (G)	Elmo's Hot Tomato (G)	Happy Healthy Monsters DVD (G)	Move Along! (G)	Reading Activity (G)	We Like to Move	Shake, Roll, and Move (I)	Moving to the Dice (I)	Hearing Your Heart (G)	We Like to Jump (G)	Reading Activity (G)				
Self Concept	1 Identity of Self																																		
	2 Recognition of own skills and accomplishments																																		
Social Interpersonal Skills (SOC)	3 Expressions of empathy																																		
	4 Building cooperative relationships with adults																																		
	5 Developing friendships																																		
	6 Building cooperative play with other children			X	X					X						X				X		X												X	
Self Regulation (REG)	7 Conflict negotiation																																		
	8 Awareness of diversity in self and others																																		
Self Regulation (REG)	9 Impulse control			X						X										X								X	X					X	
	10 Taking turns		X	X					X	X										X	X		X					X	X					X	
Language (LANG)	11 Shared use of space and materials			X				X	X												X							X	X					X	
	12 Comprehends meaning			X																					X									X	
	13 Follows increasingly complex instructions							X							X							X													
	14 Expresses self through language																																		
Learning (LRN)	15 Uses language in conversation																					X													
	16 Curiosity and initiative							X				X																							
Cognitive Competence (COG)	17 Engagement and persistence		X					X																											
	18 Memory and knowledge																				X			X											
	19 Cause and effect							X	X																										
	20 Engages in problem solving																																		
Math (MATH)	21 Socio-dramatic play									X	X														X										
	22 Number sense: understands quantity and counting		X	X											X							X						X	X					X	
	23 Number sense: math operations																																		
	24 Shapes				X																														
	25 Time														X																				
	26 Classification																																		
	27 Measurement																				X	X													
	28 Patterning																																		
Literacy (LIT)	29 Interest in Literacy					X				X							X									X								X	
	30 Letter and word knowledge			X																					X										
	31 Emerging writing																																		
Motor Skills (MOT)	32 Concepts of print																																		
	33 Phonological awareness																																		
	34 Gross motor movement				X	X				X	X		X	X	X	X	X				X	X	X	X			X	X	X	X	X	X	X		
Safety and Health (SH)	35 Fine motor skills		X	X				X	X	X										X	X														
	36 Balance													X	X	X	X	X			X													X	
	37 Personal care routines																																		
Safety and Health (SH)	38 Personal safety																																		
	39 Understanding healthy lifestyle							X				X		X						X	X	X		X		X				X					



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		Lesson 9 Hygiene												
		Wash Your Hands/Germs on Their Fingers	Germ Coloring (I)	Glo Germ Box (G)	How Many Times do I Wash my Hands? (G)	Make Your Own Germ (G)	Passing Along a Germ (G)	Red Light/Green Light (G)	The Invisible Germs (G)	Taking Care of My Teeth	Teeth Brushing Activity with Model (I)	Brushing Your Teeth (G)	Flossing (G)	Tooth Coloring and Reading Activity (G)
Self Concept	1 Identity of Self													
	2 Recognition of own skills and accomplishments													
Social Interpersonal Skills (SOC)	3 Expressions of empathy													
	4 Building cooperative relationships with adults													
	5 Developing friendships													
	6 Building cooperative play with other children						X							
Self Regulation (REG)	7 Conflict negotiation													
	8 Awareness of diversity in self and others													
	9 Impulse control									X				
Language (LANG)	10 Taking turns									X				
	11 Shared use of space and materials				X									X
Learning (LRN)	12 Comprehends meaning										X	X		
	13 Follows increasingly complex instructions			X							X			
	14 Expresses self through language													
Cognitive Competence (COG)	15 Uses language in conversation													
	16 Curiosity and initiative										X	X		
Math (MATH)	17 Engagement and persistence													
	18 Memory and knowledge													
	19 Cause and effect										X	X		
	20 Engages in problem solving													
Literacy (LIT)	21 Socio-dramatic play									X				
	22 Number sense: understands quantity and counting				X									
	23 Number sense: math operations													
	24 Shapes													
	25 Time									X	X			
	26 Classification													
Motor Skills (MOT)	27 Measurement													
	28 Patterning													
	29 Interest in Literacy													X
	30 Letter and word knowledge													X
	31 Emerging writing													
Safety and Health (SH)	32 Concepts of print													
	33 Phonological awareness													
	34 Gross motor movement							X						
Motor Skills (MOT)	35 Fine motor skills		X			X				X		X	X	
	36 Balance													
	37 Personal care routines			X	X		X	X	X		X	X	X	
Safety and Health (SH)	38 Personal safety													
	39 Understanding healthy lifestyle									X	X	X		